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education and care.

Horn End News

Eye can see you....

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Children may start experiencing vision problems as early as preschool. The problem is most young children may have difficulty communicating any vision problems. For most, "not" seeing normal may seem normal, only because children do not know what to expect when it comes to their eyesight. It is never too soon to take your child for an eye examination as optometrists can examine children's eyes even if they are unable to read letters. It is recommended that children be taken for an eye test by the age of three. Undetected eye conditions can have a serious effect on a child's educational performance. Some common childhood eye conditions are treatable if diagnosed at an early age. In the UK children are entitled to a free eye test on the NHS if under 16 or, under 19 and still if they are in full time education.

Two things to consider to help and to protect your child's sight:

Always protect your child's sight in the sun with fully UV protected Sunglasses. Over-exposure to the sun's ultra-violet rays can contribute to the development of some ocular conditions i.e. cataracts. It is known that an average of 50% of a person's sun exposure takes place by the time they reach 18.

Eat their greens! Eating certain fruit and vegetables which contain substances called lutein and zeaxanthin could help protect against eye conditions. Ensure they eat plenty of broccoli, oranges, peas, kiwi fruit, sweet corn etc Once you have had your child's eyes tested bring along his/her prescription to **The Eye Works 24 St Johns Market Stafford ST16 2DF**

The Eye Works say:

We can help you take full control of your child's care in a friendly, family environment. We dispense and fit prescription spectacles, prescription sunglasses, or non-prescription sunglasses for the family. With a fully qualified Dispensing Optician and an extensive range of affordable, but trendy, children's frames it is the place to go! We are focused on giving quality service at the lowest price possible.

prescription from any test, whether it be adult, or child, private or NHS, yours to take wherever you want to get your spectacles dispensed.

There is incorrect assumption your spectacles have to be purchased where you have had your eyes tested. This is wrong, the optometrist who has tested your eyes your child's eyes is legally bound to give you a copy of the found prescription before you leave the testing room.

The Eye Works a glazing laboratory that specialises in complicated and who affiliated with leading spectacle lens manufacturers. This ensures you will always get the best finish possible on your spectacles lenses company focus is to supply prescription eyewear at low prices with emphasis on keeping children's dispensing costs as low as possible without using inferior lenses.

We look forward to seeing you and your family in the near future for a no obligation quote for your eyewear needs.

Kimberley Parkes-Vincent

(Dispensing Optician and past parent at Horn End Stafford!)

Special points of interest

- ◇ Save their Eyes
- ◇ Tesco and Sainsbury Vouchers
- ◇ ICT Resources
- ◇ Room Moves

Tesco and Sainsbury Equipment for Schools

We are now collecting Sainsbury active Kids vouchers and Tesco 's vouchers for Schools. Next time you are in store please say 'Yes' when offered the vouchers and bring them to us. Get collecting !!

Room Moves

We have decided to encourage key staff to move rooms with some of their children. We hope this will help children settle into their new room more easily. We have aimed to keep disruption to a minimum and staff moving gain the opportunity increase their knowledge and experience of all ages. Staff moving occasionally is beneficial as they are able to share their past experiences and ideas with a new team. For you it means we provide a familiar face and have better knowledge of your child's needs. I would be happy to discuss with you any feedback you have. Please come and see me. Suzy

NEW ICT RESOURCES

We have recently invested £625.00 on new software to be used on the Toby Talls computer. We will ensure your child has planned opportunities to develop their ICT skills on a daily basis. The materials include real footage of places the children might visit e.g. the doctor, the toy shop, an airport and then have games to develop language, literacy, numeracy and knowledge and understanding of the world. The software also includes resources for signs, discussion cards and labels for our role play area.



Horn End Nursery Premises At
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Don't forget to check
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