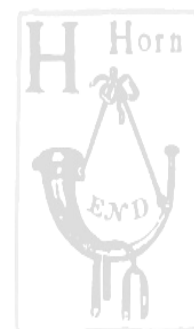




Horn End News

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...providing **FIRST CLASS**
education and care.

This is the way we wash our hands!

Effective hygiene is very important to us at Horn End. Did you know hand washing is the single most important method of reducing the spread of infection? We have been working hard to promote effective hand washing throughout nursery. Our aim has been to introduce a repetitious routine which is consistent in each room so that it becomes habit for your child.

Our routine goes as follows:-

Wet hands, Squirt Soap, Make bubbles.

Then palm to palm, right then left, in between the fingers too

Hands together under the tap, rinse off soap.

Dry hands then clean hands

No poorly tummies

MANAGERS MEMO

Thank you to all parents and colleagues for making me feel so welcome here. I hope I now have met you all. My door is always open to you for a chat and I look forward to doing my best to meet the needs of you and your children in the future.

Fiona

FOOD AND NUTRITION

Healthy snacks Below is a sample menu. With their snacks your child is offered milk to drink.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sliced Cucumber and Carrots	Wholemeal Biscuits	Grapes/Banana	Wholemeal Biscuits	Rice cakes
Week 2	Wholemeal bread toasted	Oranges/apples/pears	Wholemeal Biscuits	Pumpkin and sunflower seeds/sultanas	Wholemeal Biscuits

Menu/recipe changes—We are about to introduce a few new meals and puddings to our lunch menu. Coming soon a recipe from Gordon Ramsey for carrot cake. We will make extra and let you sample it in a few weeks. Our new menu will be displayed once introduced.

Stay and Play

Our next stay and play will be Tuesday 19th February from 8.30-9.30 am. If the dates or times are not convenient to you don't worry. Parents are welcome anytime. Just give me a call.

Fiona