



Horn End News

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...providing **FIRST CLASS**
education and care.

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Myths about Nits

Head lice are tiny wingless parasitic insects that live among human hair. They are very common especially for children aged 3–12 years. Having head lice is NOT a sign of uncleanliness or poor hygiene.

Lice are very small but can be seen by the naked eye. LICE EGGS (Nits) look like tiny yellow, tan or brown dots before they hatch. LICE are no bigger than a sesame seed and are brownish tan in colour.

With lice bites comes itching and scratching although this may not always come straight away. Your child may begin to complain of things moving around or tickling their head.

Lice are highly contagious and can be spread quickly from person to person. They can't fly or jump; they spread mainly through head to head contact, but sharing clothing, bed linens, combs, brushes and hats can also help pass them along.

Lotion or cream can be purchased to help kill the lice. They are available over the counter. The instructions must be followed carefully and they should NOT be used on children under 2 years. Please consult your health visitor for up to date guidance on treatments.

Detect combing is the best way to check whether your child has head lice and removing them. This needs to be done regularly. If you have any queries about how to do this please speak to our staff. They will be more than happy to share more detailed information with you or demonstrate how to comb correctly.

We greatly appreciate your help in checking your child's head regularly. THANK YOU



LABELS PLEASE!

We cannot stress how helpful it is if you can label all items of clothing which could be removed by your child at nursery e.g. hat, coat, gloves, shoes etc. Please ask Delta if you need to order labels as we have leaflets available in the office.

CAR SEAT LAW

As you may already know the law will be changing from 18th September with regards to how children travel by car. We hope to have literature available in the entrance hall for you to check on the new regulations.

Memory Maker Books

Please ask your key worker to show you your child's special book. We keep examples of their work and take photos for you to see for yourself how they are getting on and what they enjoy in nursery. These books will continue through nursery with your child and will provide you with a detailed account of their progress at nursery.