



Horn End News

Stop the Rot !!!

Volume 6 Issue 3

Newsletter Date
March/April 08

We are committed to promoting health and hygiene for your child. To ensure your children learn about good dental hygiene we have joined a scheme entitled Stop The Rot which features a friendly crocodile to promote learning in a fun way. Every day children in Toby Talls are encouraged to clean their teeth after lunch to promote good habits as well as participate in fun activities promoting dental hygiene.

Did you know - Nearly half of 0-5 year olds in the UK suffer from tooth decay

Refined sugar (sucrose) causes tooth decay and the trouble is that it is used so much in food and drinks. Quite often if food and drinks packaging says "carbohydrates" then the chances are it contains sucrose. When we rely so much on processed foods it is virtually impossible to totally avoid refined sugar

So what can we do?

1. Try and control the amount of sugar we eat and drink.
2. Always check the packaging of processed foods. That means everything from baked beans and breakfast cereals to biscuits and cakes.
3. Choose the ones that do not contain sugar or keep the ones that do to an absolute minimum.

Let's get brushing.

The earlier good brushing habits can be put in place the better. By teaching young children the importance of brushing for 2 minutes, twice a day, they are more likely to develop good tooth brushing habits as they grow up.

MANAGERS MEMO

Holidays

We are sorry but we are unable to offer alternative sessions when your child misses out due to bank holidays/sickness. This is due to the fact that the nursery is 98% full and so rarely do we have any spare sessions to offer as compensation.

New Staff Uniform

We are in the process of introducing a new uniform for staff which looks more professional, but is equally practical. It consists of short and long sleeve fitted shirts with body warmers for trips and outdoor activities. We shall be wearing it in the next few days and would like your comments.

Stay and Play

Next dates- Friday 28th March 8.30-9.30am & Monday 28th April 8.30-9.30

Thank you Suzy

Morning Snack

We have recently altered our menu to improve the healthy options we provide for morning snack time.

Our snacks now include the following:-

Wholemeal toast, sliced cucumber and carrots, oranges, grapes, banana, pumpkin and sunflower seeds, rice cakes.

We encourage your child to drink milk with their snack to ensure that they also have calcium in their diet.



Special points of interest

- ∅ Stop the rot
- ∅ Settling in sessions
- ∅ Managers memo
- ∅ Morning snacks
- ∅ Toby Talls Visitors

Before your babies very first day at nursery...

We have introduced a more flexible settling in program within our baby room to support parents and babies in their first experiences of nursery. Parents are informally invited to spend time with their babies and the nursery staff for several visits prior to our more formal induction period. This is done by casual invitations to drop in mornings and afternoons which parents can opt for if they are able to. Feedback from our first trial parents for this scheme has been very favourable.

Toby Talls Visitors

Our maintenance man Joe came to show us the tools he uses to fix things at nursery. We looked at different sizes of spanners and all had a go of drilling a screw into wood.



Horn End Nursery Premises At
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& Wharf Road, Rugeley.

Don't forget to check
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